

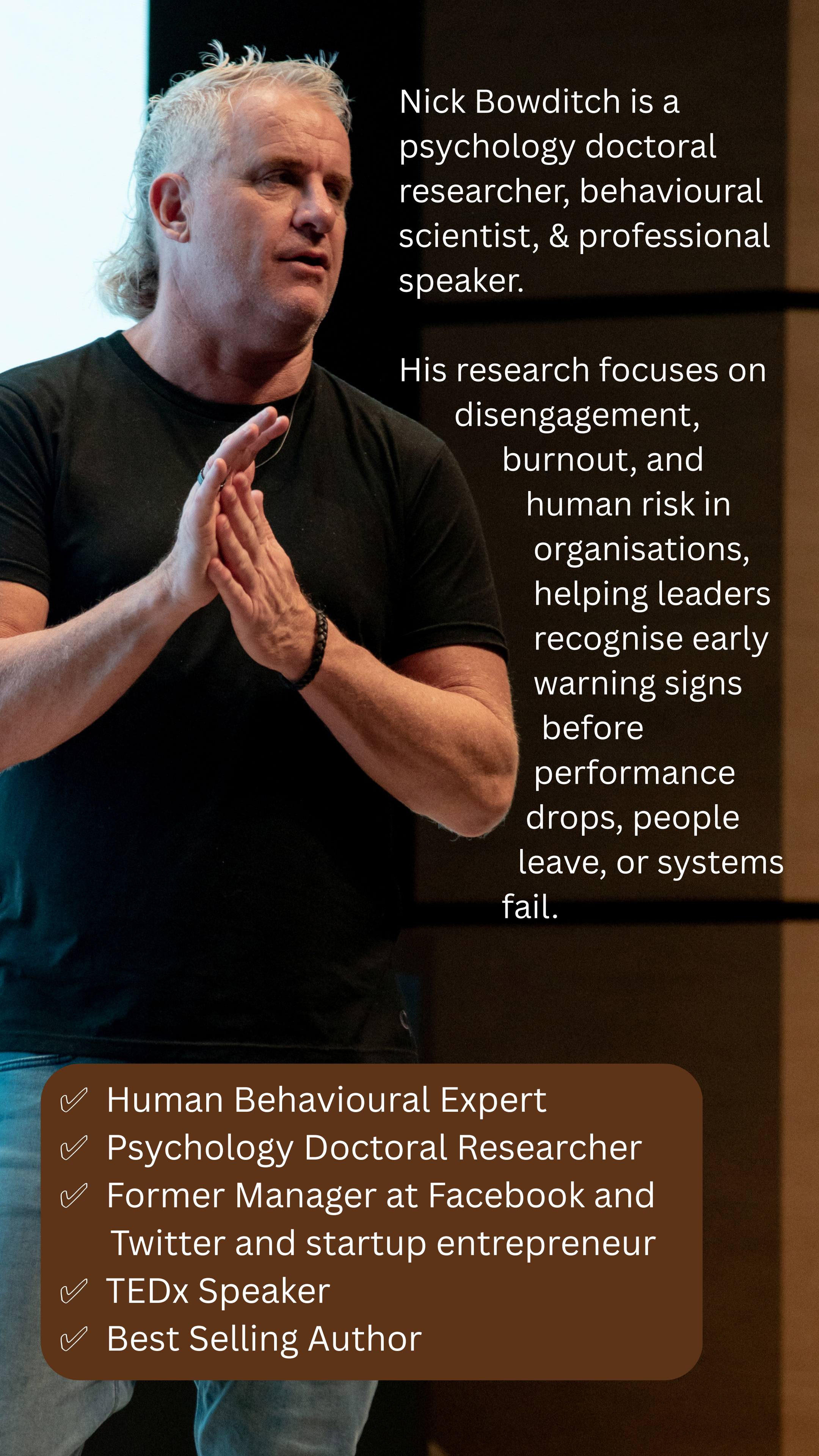


SPEAKER KIT 2026

NICK BOWDITCH

Keynote Speaker on
**Disengagement, Burnout,
and Human Risk.**

An expert on why people
disengage - and how to spot
the warning signs before
burnout, quitting, or failure.

A man with grey hair tied back, wearing a black t-shirt, is clapping his hands. He is looking slightly to the right. The background is dark and out of focus.

Nick Bowditch is a psychology doctoral researcher, behavioural scientist, & professional speaker.

His research focuses on disengagement, burnout, and human risk in organisations, helping leaders recognise early warning signs before performance drops, people leave, or systems fail.

- ✓ Human Behavioural Expert
- ✓ Psychology Doctoral Researcher
- ✓ Former Manager at Facebook and Twitter and startup entrepreneur
- ✓ TEDx Speaker
- ✓ Best Selling Author

WHY EVENT PLANNERS LOVE BOOKING NICK

- ✓ Clear and structured delivery
- ✓ Trusted with sensitive topics.
- ✓ Practical frameworks, not theory
- ✓ Actionable audience takeaways
- ✓ Senior audience appropriate
- ✓ Easy to work with
- ✓ Low risk booking
- ✓ Book with Carson White from Leading Voice Speakers or have a chat with Carson now on 0499 811 817

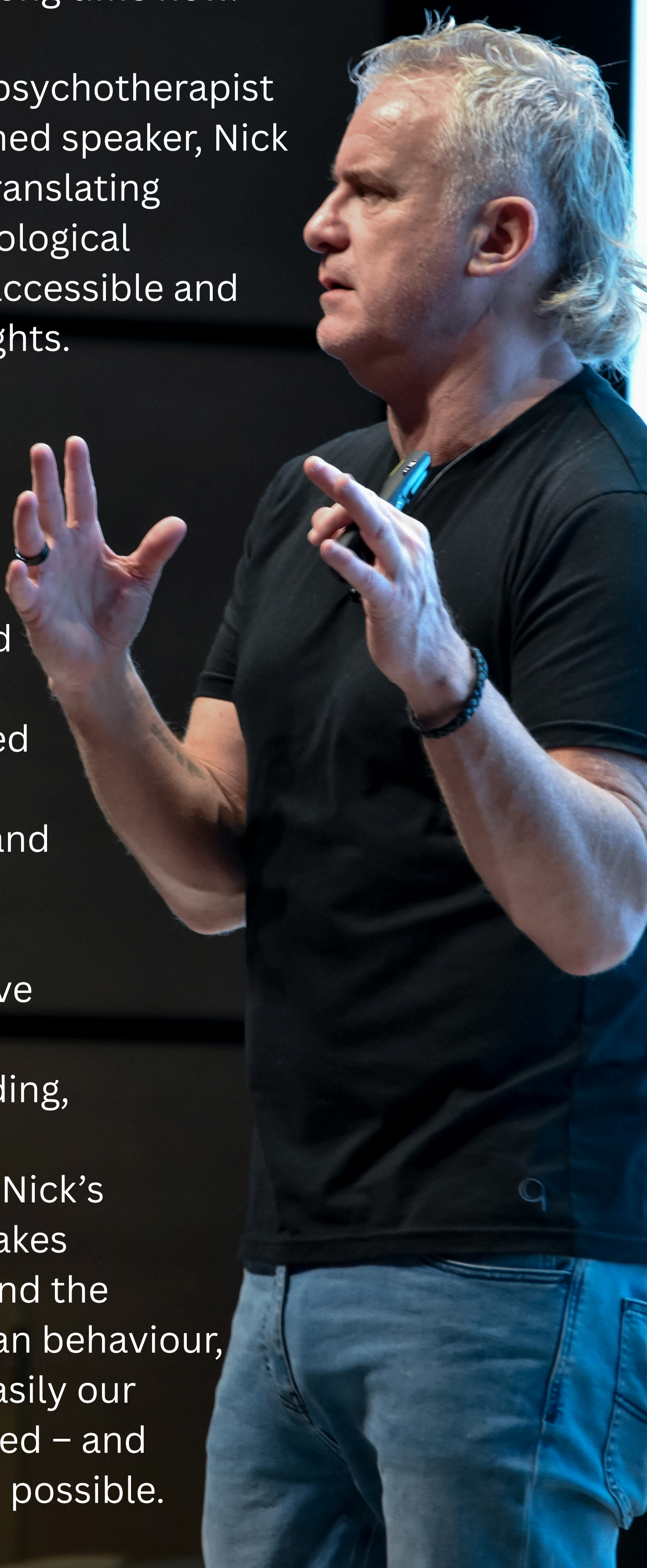


Nick has been one of Australia's best motivational speakers for a long time now.

As a seasoned psychotherapist and accomplished speaker, Nick specialises in translating complex psychological concepts into accessible and actionable insights.

With degrees in Applied Science, Psychology, Counselling and Psychotherapy, Nick is dedicated to promoting mental health and wellbeing.

From compulsive behaviours like scrolling, spending, exercising, to substance use, Nick's PhD research takes audiences behind the curtain of human behaviour, showing how easily our minds get hooked – and how freedom is possible.





FEATURED KEYNOTE

Stay, Stray, Return.

Why people
disengage,
and how to
spot it early.

- ➔ 45-60 minutes
- ➔ Optional breakout or facilitated discussion available
- ➔ \$5000 - \$7000 AUD

ADDITIONAL KEYNOTES

Resilience That Sticks: Preventing Burnout Before Performance Slips

Burnout is predictable.

This keynote explains why most resilience programs fail and how leaders can prevent burnout by addressing systemic risk before performance declines.

Compulsive Loops: How Hidden Habits Undermine Focus, Health, and Performance

Compulsive patterns show up as overwork, distraction, and avoidance.

This keynote explains how these behaviours quietly erode performance and what organisations can do to interrupt them early.

The Human Advantage in an AI World: Judgement, Risk, and Decision Failure

AI accelerates decisions, but over-trust and disengaged judgement create risk.

This keynote explains where AI helps, where it introduces human risk, and how leaders keep humans meaningfully in the loop.

Watch Nick in Action:





CUSTOMER

To ask a question,
get more information
on topics,
check Nick's availability,
or book Nick to speak at
your conference or event,
please call **Carson White**
from **Leading Voice**
Speaker Management
NOW on **0499 811 817**.